## **GENERAL ALLIED HEALTH** (GAH)

## GAH 1700 - Health Adjustments I

Credit Hours: 3.00 Total Contact Hours: 3.00 Lecture Hours: 3.00 Introduces and explores the conceptual framework of health careers and their related principal practices. A number of psychological and theoretical theories will be integrated with group and individual experiences for application purposes. Thus, major areas presented are utilization of self-assessment, critical thinking, personality, multicultural issues, wellness, human behavior and managing diversity.

Offered: Fall.